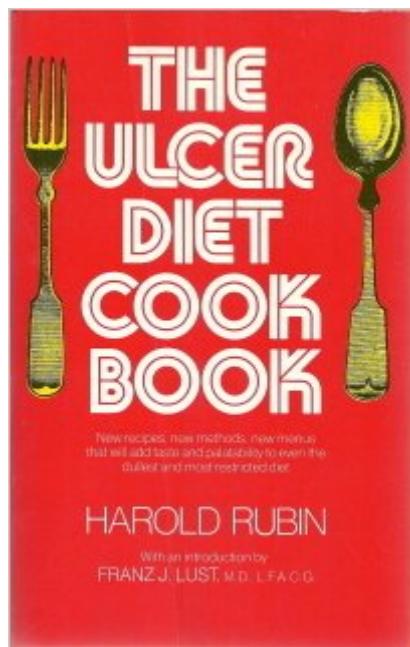


The book was found

The Ulcer Diet Cook Book



Synopsis

Book by Harold Rubin

Book Information

Hardcover: 223 pages

Publisher: M Evans & Co (June 1963)

ISBN-10: 0871312484

ISBN-13: 978-0871312488

Product Dimensions: 8.1 x 5.1 x 0.9 inches

Shipping Weight: 7.2 ounces

Average Customer Review: 1.0 out of 5 stars See all reviews (1 customer review)

Best Sellers Rank: #3,698,133 in Books (See Top 100 in Books) #91 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Ulcers & Gastritis

Customer Reviews

This book was of no help for my need for ulcer diet. This book was published in 1963 and there has been all kinds of changes in medicine and findings since 1963. This book's diets was still talking about using a blender for your foods and that is not needed in this day and time.

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